

# Meet your GP practice healthcare team

Depending on your physical or mental health needs, our professional healthcare team can provide more time and specialised care for you and your family, instead of seeing your GP every time



## PHYSIOTHERAPISTS

Physiotherapists assess, diagnose and treat your musculoskeletal (MSK) problems, like back pain, sprains or tendonitis and even support with a management plan to help you get on with everyday life.

## OCCUPATIONAL THERAPISTS (OT)

OTs help with treatment plans if you have complex needs, depression, chronic conditions, mental health issues or if you need rehabilitation or work-related advice.

## MENTAL HEALTH PRACTITIONERS

They help patients access mental health services and support, develop care plans, and work with GPs, therapists, and community organisations to provide you with a full care treatment plan.

## PHYSICIANS ASSOCIATES (PA)

PAs take your medical history and diagnose illnesses under GP supervision. They do minor procedures like taking blood or giving injections, and can develop treatment plans or follow up on your progress for more help.

## PHARMACISTS

Pharmacists work alongside GPs and help if you have a chronic disease. They can review your medications, prescribing adjustments if needed.

## SOCIALPRESCRIBING LINK WORKERS

They work with you if you have a long-term condition, or need support with your mental health, feel lonely or isolated or have complex social needs which affect your wellbeing, helping you to find other support if needed.

**Contact Reception at your GP practice to ask about  
the right Healthcare Professional practice for you**